6302 E. MARTIN LUTHER KING, JR. BLVD. SUITE 100, TAMPA, FL 33619

PHONE: 813-515-2340 WEB: www.elchc.org

### **Dear Parent or Guardian,**

Thank you for reaching out to the Early Learning Coalition of Hillsborough County for help with your child care and early educational needs. Our Child Care Resource & Referral (CCR&R) specialists know that finding high-quality and affordable child care is an important decision, and we're here to support you in every step of the way.

Enclosed, you'll find a customized list of child care options based on the information you provided to our CCR&R team. This list includes a variety of legally operating childcare providers, such as center-based programs, family child care homes, faith-based providers, and/or Gold Seal providers. We encourage you to visit your top choices at least once unannounced before making a final decision to ensure the best fit for your child and family.

Choosing a *quality* early learning program is one of the most important steps in supporting your child's development. While only you can determine which child care provider best meets your family's needs, our experienced team is here to offer guidance, resources, and support to help you make an informed choice with confidence.

We are committed to being your trusted resource for early learning information and assistance. Our team of CCR&R specialists is available Monday through Friday, 8:00 AM to 5:00 PM, and every third Friday, 8:00 AM to 12:00 PM. If you need additional childcare listings or other early childhood resources, please don't hesitate to contact us at (813) 515-2340, visit our website at Find Care For Your Child - The Early Learning Coalition of Hillsborough County, or stop by our office in person.

Sincerely,

The CCR&R Team

### These resources will help you learn more about your selected provider:

- Health and safety standards, provider license files, inspection reports, violation history –
  Visit the Florida Department of Children and Families (DCF) website at <u>Child Care | Florida</u>
  <u>DCF</u> or contact (850) 300-4323.
- Gold Seal Quality Care This program recognizes providers committed to providing a higher level of quality care. To learn more, visit <u>Gold Seal Providers</u>
- Accreditation To learn about provider accreditation, visit <u>Gold Seal Providers</u> or contact 1-888-352-4453.
- Program assessment—To learn how child care providers are evaluated on the quality of teacher-child interactions, contact 813-515-2340, or for general information, email CLASS@elchc.org.
- Child assessment—Ask child care providers how they assess children's learning and development. If the child has School Readiness services, call 813-515-2340 ext. 806 or email <u>Screening.assessment@elchc.org.</u>
- Provider complaints Submit complaints about providers to DCF via <u>File a Child Care</u>
   <u>Provider Complaint | Florida DCF (myflfamilies.com)</u> or by contacting the local licensing office at 813-927-1234.
- Abuse reporting To report known or suspected child abuse, access DCF's Reporting Concerns for Child Victims form at <u>Abuse Hotline | Florida DCF</u> or call 1-800-962-2873.

### Other helpful resources:

- Early Learning Coalition of Hillsborough County; <u>Family Resources The Early Learning Coalition of Hillsborough County</u> or 813-515-2340.
- Division of Early Learning <u>Early Learning</u> or 1-866-FL-Ready (357-3239).
- Early Steps <u>Early Steps Program | USF Health</u> or 813-821-8029 or 1-866-549-1740, Florida Diagnostic and Learning Resources System <u>Home FDLRS Hillsborough</u> or 813-837-7777 (resources for children with special needs).
- Florida KidCare Home or 1-888-540-KIDS (5437) (health insurance).

If you need another list of child care providers, information about the Voluntary Prekindergarten or School Readiness programs, or any other community resources, please call 813-515-2340.





### Florida's Child Care Resource and Referral

### Why is early child care important?

The first five years of your child's life are when the foundations for learning, health and behavior are developed. As your child's first teacher, you can prepare them for lifetime success by providing a safe, stable and loving environment. Whether you need information on community resources or help finding child care, contact the Child Care Resource and Referral (CCR&R) program.

In Florida, the Division of Early Learning (DEL) partners with 30 regional early learning coalitions throughout the state to help families connect with resources. Each coalition has a local CCR&R team that can help you find quality child care and connect you with community resources.

Child care is an important part of helping parents manage their responsibilities. If you are a parent with questions about child care, CCR&R can help.

CCR&R is free for any family living in or moving to Florida.

### How does CCR&R help families?

- Informs families on how to identify quality child care environments.
- Maintains a database of legally operating child care providers.
- Offers customized child care listings that best meet each family's needs.
- Helps families with the School Readiness and Voluntary Prekindergarten application process.
- Educates families about a child's basic needs, financial assistance options, community resources and other agencies that support family well-being.
- Connects families to specialists and resources for supporting children with special needs.
- Shares resources that support the needs of military families.

### How do I receive CCR&R assistance?

Contact your local early learning coalition. Visit the <u>Division of Early Learning</u> website for the <u>Early Learning</u> <u>Coalition directory</u> and ask for CCR&R.

CCR&R is available to every family in Florida, with financial assistance opportunities available for income-eligible families.

You may access the above links to the website and coalition directory using the QR codes on the back.



**Link to DEL Website** 



**Link to Early Learning Coalitions Directory** 

# THE FAMILY GUIDE

to Selecting Quality Early Learning Programs

A Parent's Guide to Child Care





### Welcome to the World of Early Learning!

Choosing an early learning program for your child that meets the needs of your family is an important decision that requires time and willingness to learn about the many types of child care options. This guide is provided by the Florida Department of Education (FDOE) Division of Early Learning (DEL) to help you make choices about programs available in your community.

You should plan to visit several child care providers before making a decision. On your visits, observe and talk with the teachers and parents of children in the program. The teachers should be qualified, organized and openly share program expectations, policies and procedures. Policies may address topics such as fees, meals, discipline, illness, attendance and emergencies. Ask the staff to talk about the daily activities they organize for the children and how they encourage children to meet developmental milestones, which are activities most children can do by a certain age. Walk around the inside and the outside of the child care facility to be certain that you feel confident that your child would be in a safe, happy and healthy environment.

### **Choose Wisely**

The right early learning program helps your child explore their surroundings and develop their social and communication skills. Look for a positive and caring relationship between the teacher and children. Make sure the teacher is willing to talk about your child's learning and will share concerns that may require follow-up with your child's health-care provider. When you walk into the child care center or home, the atmosphere should be cheerful and one that you can trust. The children should be having fun and the program should include experiences and activities you think are important for your child.

### **Make an Informed Decision**

DEL has a Quality Checklist for guidance on what to look for and questions to ask during your visit of an early learning program. It is a good idea to visit three or more programs for at least 30 minutes each. If possible, bring your child with you on scheduled and unannounced visits, ask questions that will help you make the best choice for your child and visit your selected provider for a second time. Request references and talk to other parents about their child's learning experiences and how the program communicates with families.

Before making a final decision, check the Florida Department of Children and Families (DCF) child care licensing website for inspection information about any licensed program you are considering.

# Child Care Resource and Referral Services

You can get help in researching and learning about early learning programs. Child Care Resource and Referral (CCR&R) is a free service provided by your local early learning coalition. Trained staff can answer your questions to help you choose the best early learning option for your family, provide a child care list customized to your preferences and offer referrals and information about other services available in your community. Child care options may be available in the evenings, overnight or on the weekends to accommodate work schedules. Help is available by phone, in person and via email. To locate your early learning coalition, contact the CCR&R State Network at 1-866-357-3239 (TTY: 711).

### **Inclusive Programs**

Inclusive early learning programs for children with special needs are designed to provide an educational setting in which all children, regardless of ability, can participate in a broad range of activities that support their growth and development. If you have a child with a disability, developmental delay or special health care need, contact the local early learning coalition for assistance with finding a program that meets the individual needs of your child and family. To locate your early learning coalition, contact the CCR&R State Network at 1-866-357-3239 (TTY: 711).





### **QUALITY CHILD CARE**

Research identifies essential indicators in quality child care programs. When implemented in a child care program, these quality indicators support children's healthy development and learning.

Quality Indicator	Observations	What to look for
Health & Safety	Caregivers ensure the health and safety of children in their care.	<ul> <li>Detailed procedures to maintain hygiene and prevent illness, including proper diapering, toileting and hand washing.</li> <li>Infants are always placed on their backs for safe sleep.</li> </ul>
Well-Trained Staff	Staff receive training and support to meet the needs of all children.	<ul> <li>Teachers have education in early childhood, maintain current cardiopulmonary resuscitation (CPR) certification and complete ongoing training.</li> <li>Staff are offered opportunities for professional learning and share ideas with families to support learning.</li> </ul>
Environments for Learning	Environments are nurturing with daily routines that make children feel safe.	<ul> <li>Toys, books, furniture and outdoor equipment are clean and in good condition.</li> <li>Materials are accessible to children.</li> </ul>
Small Groups with Optimal Ratios	Secure relationships between teachers and children are promoted by having small groups and low child-to-teacher ratios.	<ul> <li>Small group sizes and ratios are maintained so children receive more individualized time and attention.</li> <li>Teachers stay attentive and engaged with their small group.</li> </ul>
Primary Caregiving & Continuity of Care	Teachers are given roles as primary caregivers for their children in their class, helping build meaningful relationships with the child and family.	<ul> <li>The same teacher continues to be the child's primary teacher as that child grows.</li> <li>Each child is assigned a primary teacher.</li> </ul>

Quality Indicator	Observations	What to look for
Active & Responsive Caregiving	Teachers are responsive to children's needs, helping children regulate their emotions.	<ul><li>Predictable routines and schedules are used daily.</li><li>All children are respected.</li></ul>
Curriculum & Individualization	Teachers use curriculum that encourages learning through relationships and play.	<ul> <li>Infants and toddlers are taught skills through routines and play.</li> <li>Teachers individualize instruction to meet the needs of all children.</li> <li>Activities and goals meet the developmental needs of each child.</li> </ul>
Language & Literacy	Children are offered opportunities to learn and develop language skills in many different ways.	<ul> <li>Books and toys are used to promote conversations with children.</li> <li>Songs, nursery rhymes and finger plays are used to encourage language.</li> <li>Teachers read to children often during the day.</li> </ul>
Family Engagement	Families are treated as partners in their child's development.	- Teachers communicate with families frequently Families are welcome in their children's classes Families give input on some program decisions.
Comprehensive Support Services	Families are strengthened through connections to community supports.	<ul> <li>Teachers share developmental milestones with families and keep them informed of their children's progress.</li> <li>Families are connected with community resources and services as needed.</li> </ul>



### TYPES OF EARLY LEARNING PROVIDERS

### **Child Care Centers**

Early learning centers may be licensed or license-exempt and can include stand-alone centers and facilities located in businesses, homes, apartment complexes, public schools, universities, hospitals and faith-based organizations. Prekindergarten programs (both school-based and non-school-based), Head Start programs, on-site employee early learning centers and faith-based centers are some of the types of child care centers available.

### **Licensed Child Care Centers**

Licensed centers must submit a complete licensure application and pass an initial inspection by the Florida Department of Children and Families (DCF) or the local licensing agency. Once the license is issued, these programs are inspected throughout the year to ensure health and safety standards continue to be met. To meet the standards, these centers must:

- Meet physical facility requirements.
- Follow health, safety and nutrition standards.
- Maintain enrollment and attendance records.
- Allow parents/guardians access to their children at all times.
- Comply with annual inspection schedules.
- Meet staff and director training requirements.
- Maintain current CPR and First Aid certifications.
- Conduct background screenings of all child care personnel.
- Document current immunization records and physical examinations for all children in care.
- Comply with the Americans with Disabilities Act and make reasonable accommodations for children with special needs.

### **Religious-Exempt Centers**

Some faith-based child care centers are eligible for exemption from child care licensing. These centers must be an integral part of a church or faith-based school and must:

- Be accredited by or a member of a state-recognized accrediting body.
- Comply with state and federal background screening requirements.
- Meet local governing requirements for city or county health and safety regulations.

- Maintain enrollment and attendance records.
- Maintain current CPR and First Aid certifications.
- Comply with the Americans with Disabilities Act and make reasonable accommodations for children with special needs.

### Adult-to-Child Ratios for Licensed and Religious-Exempt Centers Ratios represent the number of children that one adult may supervise for each age group. Ratios are regulated by DCF. Required staff-to-child ratios

are listed below:

- Birth to 12 months (1:4)
- 12-24 months (1:6)
- 2-year-olds (1:11)
- 3-year-olds (1:15)
- 4-5-year-olds in Voluntary Prekindergarten Programs School-year Programs (1:11)
   Summer Programs (1:12)
- 4-5-year-olds (1:20) not in Voluntary Prekindergarten Programs
- 5 years of age and older (1:25)

### **Family Child Care Homes**

Family child care takes place in a person's home for children from unrelated families. Group size may vary according to preferences of the family child care provider; however, the provider must maintain required ratios at all times.

Ages of children may often be mixed, although some providers serve only a specific age group (such as infants, toddlers or preschoolers). Different requirements apply to different programs, with some family child care homes being licensed and some registered.

### **Registered Family Child Care Homes**

These providers are required to meet the following state requirements:

- Register annually with DCF.
- Complete and provide parents/guardians an annual health and safety home inspection checklist.
- Complete background screening for all adults and juveniles in the household.
- Complete introductory training, early literacy training and additional hours of annual professional learning.
- Maintain children's immunization records.



### **Licensed Family Child Care Homes**

Licensed family child care home providers must meet all requirements listed above for registered family child care homes and the following additional licensing requirements regulated by DCF or the local licensing agency:

- Comply with health, safety and nutrition guidelines.
- Maintain enrollment and attendance records.
- Comply with licensing standards of local and state governments.
- Maintain current pediatric CPR and First Aid certifications.
- Pass an inspection prior to receiving a child care operating license.
- · Comply with licensing inspections annually.
- Comply with the Americans with Disabilities Act and make reasonable accommodations for children with special needs.

### **Large Family Child Care Homes**

A large family child care home is a home in which child care is regularly provided for children from at least two unrelated families, which receives a payment, fee or grant for any of the children receiving care, whether or not operated for profit, and has at least one full-time employee on the premises during the hours of operation in addition to the operator of the home.

Large family child care home providers must meet all requirements for licensed family child care homes and additional regulations by DCF. Prior to applying for this license, the operator must have operated as a licensed family child care home for two consecutive years.

### **Adult-to-Child Ratios for Family Child Care Homes**

Family child care homes (FCCH) are regulated by DCF. An FCCH may care for one of the following groups of children, including the provider's own children under 13 years of age:

- A maximum of four children from birth to 12 months of age.
- A maximum of three children from birth to 12 months of age, and other children, for a maximum total of six children.
- A maximum of six preschool children if all are older than 12 months of age.
- A maximum of 10 children if no more than five are preschool age and, of those five, no more than two are under 12 months of age.

### **Large Family Child Care Home Ratios**

Large FCCHs may provide care for one of the following groups of children,

including household children under 13 years of age:

- A maximum of 8 children from birth to 24 months of age.
- A maximum of 12 children, with no more than four children under 24 months of age.

### **Gold Seal and Accreditation**

The Gold Seal Quality Care Program recognizes child care centers and family child care homes (either licensed or license-exempt) that are accredited by nationally recognized agencies and whose standards reflect quality in the level of care and supervision provided to children. To access the list of current approved agencies participating in the Gold Seal Quality Care Program, visit DEL's website.

### SCHOOL-AGE CARE

### **Licensed or License-Exempt**

A school-age program is a licensed or license-exempt program that serves only school-age children. A school-age child is one who is at least 5 years old and is attending kindergarten or a higher grade level. The setting for a school-age program may be a public or private school, private center, family child care home, faith-based center or community/recreation program. School-age programs may be open before and/or after school as well as full days during teacher planning days, spring, winter and summer breaks.

### **Licensed Programs**

Licensed programs must pass inspections to ensure that specific requirements are met such as:

- Physical facility requirements.
- Health, safety and nutrition standards.
- Maintenance of enrollment and attendance records.
- Parental access to children in care at all times.
- Compliance with annual inspections.
- Completion of 40 hours of required training, plus a minimum of 10 hours in-service annually thereafter.
- Submission of screening and background checks of all employees/ caregivers.
- Ratio of one adult for 25 children.
- Supervisor/director holds a director's credential (multi-site supervision of school-age child care programs is permitted).



### **License-Exempt Programs**

The following programs are exempt from school-age care licensure but must meet minimum background screening requirements as outlined in Florida law. These programs can be exempt from licensure if the program is a:

- Public/non-public school site.
- Instructional/tutorial program.
- Open Access program.
- National membership afterschool program.
- Program exclusively for children in grades 6 and above.

### **UNREGULATED CARE**

Unregulated child care does not require licensure or compliance inspections by the state.

### **Informal Care**

Informal care takes place in a person's home where one adult cares for children from only one family. The person is often a relative, neighbor or friend. This type of care has no state guidelines or inspections. Informal providers may qualify to participate in the School Readiness program after completing a six-hour health and safety course and by meeting local early learning coalition requirements.

### Au Pair/Nanny Care

Au pairs provide families with individualized, live-in child care. Most au pairs are members of one of 14 federally designated U.S. Au Pair Sponsor Agencies, which are regulated by the U.S. Department of State, Bureau of Educational and Cultural Affairs Exchange Visitor Program. Nannies may also be hired by families locally to care for the children of one family and may live in or out of the family's home.

### **Summer Camps and Recreational Programs**

Summer camps and summer day camps are recreational, educational and enrichment programs operated exclusively during summer vacation. These programs care for school-age children. Adult/child ratios of summer camps vary. This type of care requires no state inspections. All summer camp and summer day camp personnel must pass a background screening.

### **Membership Programs**

Not-for-profit programs are associated with or certified by national

organizations. Personnel are not subject to DCF screenings. An example of these organizations is the Boys & Girls Club, which frequently offers an after-school program.

### FINANCIAL RESOURCES

### **School Readiness Program**

The School Readiness (SR) program provides subsidies for child care services and early childhood education for children of low-income families; children at risk of abuse and neglect; and children with disabilities. The SR program supports children in the development of skills for success in school, recognizing parents and caregivers as their child's first teacher. The program prepares children to be ready for school and provides parents and caregivers with information on child development and other topics of interest. Services vary based on individual needs and range from early education and care to after-school and school-age care.

### **Program Highlights**

- Helps income-eligible families become financially independent and pay for quality child care.
- Promotes parental choice and allows working parents to make informed decisions about child care and early learning.
- Provides education to parents on child development and family well-being.
- Enhances the quality and increases the availability of child care.
- Requires all providers to meet quality standards established by DEL and state and federal health and safety requirements.

### **How to Apply**

Parents can apply for the SR program by submitting an application online using DEL's Family Portal available on DEL's website. Parents can use a computer, cell phone or other smart device, or can contact the local early learning coalition to apply in person. Applications are processed by the local early learning coalition.

### **Next Steps**

Once a parent applies for the SR program, the parent can follow up on the status of their application by logging into the Family Portal or contacting their local early learning coalition.

If a child is placed on the waiting list, parents can receive information



about local community resources that may assist their family in the meantime. Parents with a child on the waiting list will need to update their information in the Family Portal every six months to remain on the waiting list.

If there is no waiting list and the family qualifies for services, the family will receive a notice through the Family Portal about documents required for the enrollment process. Families may contact their local early learning coalition for assistance.

Some families may receive services right away if they are in family crisis and have a referral from DCF for services.

### **Developmental Screenings**

With parental consent, children aged 6 weeks to 5 years who participate in the SR program will receive a developmental screening to determine if supports are needed to help the child's learning experience. If any concerns are found, the family is informed and made aware of referrals to specific health and/or education specialists.

### **Program Assessment**

The Classroom Assessment Scoring System (CLASS®) is an evidence-based observational tool used to measure the quality of teacher-child interactions in the classroom in different domains by age group.

CLASS® is recognized internationally for measuring the effectiveness of teacher-child interactions that drive learning outcomes. The CLASS® observation tool will be used by a trained, certified observer.





# VOLUNTARY PREKINDERGARTEN EDUCATION PROGRAM

The Voluntary Prekindergarten (VPK) program is a state program designed to prepare every child in Florida for kindergarten and build the foundation for their educational success. VPK programs do this through age-appropriate curricula, substantial instruction periods, managed class sizes and high-quality instructors. Eligible children may participate in one of three VPK program options. Parents may select one program for their child:

- VPK School-Year Program 540 instructional hours
- VPK Summer Program 300 instructional hours
- VPK Specialized Instructional Services (SIS) Hours vary based on services provided

### **VPK Highlights**

- High-quality educational program with a focus on early literacy skills.
- Free for all children who live in Florida and are 4 years old on or before September 1 of the program year.
- Parents whose children are born from February 2 through September 1 may choose to enroll their child in VPK either the year they are 4 or the next year when the child is 5 and before they enroll in kindergarten.
- Parent choice is a priority. Both private and public providers are available.
- Information and materials about VPK standards can be found at DFI's website.

### **VPK Curriculum**

- Developmentally appropriate
- Designed to prepare children for early literacy and math
- Supports age-appropriate development
- Prepares students for kindergarten

### **VPK Specialized Instructional Services (SIS)**

A child who is eligible for VPK and has a disability and a current individual educational plan (IEP) issued by the local school district is also eligible for specialized instructional services instead of attending a traditional VPK



program. FDOE approves VPK-SIS providers whose services meet statutory standards, maintains a list of approved providers and notifies early learning coalitions of the approved providers. Parents with questions about accessing VPK-SIS for their child should contact their local early learning coalition. To locate your early learning coalition, contact the CCR&R State Network at 1-866-357-3239 (TTY: 711).

### **VPK Providers and Instructors**

All VPK providers and instructors must meet high standards required by Florida law.

- Parents can choose the approved provider that meets their family's needs.
- Options for parents include public and private schools, private centers, charter schools, faith-based and licensed family child care homes.
- VPK instructors, at a minimum, must have a Child Development Associate (CDA) Credential for the school-year program or a bachelor's degree for the summer program.
- Class ratio is one teacher to 11 children, and class size cannot exceed 20 children with two instructors for a school-year program.
   The summer program has one instructor with a maximum of 12 students.

### **How to Apply**

VPK applications must be submitted online through DEL's Family Portal website. Parents can use a computer, cell phone or other smart device, or can contact their early learning coalition to apply in person.

To complete the VPK application, parents must upload proof of Florida residency and documents that verify their child's age. Once submitted, the application will be reviewed by the local early learning coalition. Parents will receive a certificate of eligibility through the Family Portal when their application is approved. Parents may then take the certificate of eligibility to the VPK program of their choice.

### **Early Learning Coalitions**

Your local early learning coalition can provide assistance with the application and a list of VPK programs in your area. To locate your early learning coalition, contact the CCR&R State Network at 1-866-357-3239 (TTY: 711).

### **HEAD START**

Head Start (HS) is a federally funded program that promotes school readiness for children from low-income families. HS programs provide a learning environment that supports children's growth while providing comprehensive services to children and their families, which include health, dental, nutrition, social and other services based on the needs of the family. Families that receive Supplemental Nutrition Assistance Program benefits or other public assistance, families experiencing homelessness and children in the foster care system are categorically eligible for HS programs.

Head Start emphasizes the role of parents as their child's first and most important teacher. Programs build relationships with families that support:

- Family well-being and positive parent-child relationships.
- Families as learners and lifelong educators.
- Family engagement in transitions.
- Family connections to peers and community.
- Families as advocates and leaders.

Head Start serves preschool age children from age 3 to school-age and is offered throughout Florida. Early Head Start (EHS) serves infants, toddlers and pregnant women and provides services throughout Florida.

Florida is also host to two Migrant and Seasonal Head Start programs: East Coast Migrant Head Start and Redlands Christian Migrant Association. These grantees serve the unique needs of Florida's migrant families who have children ages 6 weeks to school-age.

Head Start programs offer a variety of service models. Programs may be based in centers or schools that children attend for part-day or full-day services; family child care homes; and/or children's own homes, where a staff person visits once a week to provide services to the child and family. Children and families who receive home-based services gather periodically with other enrolled families for a group learning experience facilitated by HS staff.

Head Start programs provide services to children with disabilities or special health care needs and collaborate with local school districts, early learning coalitions, health professionals and other partners to assist the family in coordinating services. HS classrooms offer low teacher-to-child



### THE FAMILY GUIDE to Selecting Quality Early Learning Programs

ratios, a research-based curriculum, teachers with bachelor's degrees or CDAs and, in most communities, year-round services. Most HS programs participate in the VPK program.

For more information, contact your early learning coalition. To locate your early learning coalition, contact the CCR&R State Network at 1-866-357-3239 (TTY: 711).

### **Early Intervention**

If you are concerned about the development of your infant or toddler or suspect that your child has a disability or needs early intervention services, contact your local early learning coalition to speak with a specialist. To locate your early learning coalition, contact the CCR&R State Network at 1-866-357-3239 (TTY: 711).

### **FAMILY RESOURCES**

### **Division of Early Learning (DEL)**

DEL provides state-level support and direction for parents, teachers and early learning professionals. DEL administers three statewide programs including the School Readiness program, the Voluntary Prekindergarten program for 4- and 5-year-olds and the Child Care Resource and Referral program for all Florida families. 1-866-357-3239 (TTY:711)

### 2-1-1

A 24-hour hotline where parents connect with national, state and local information and referral services. 2-1-1 offers information to assist families with food, housing, employment, health care and counseling services. Dial 2-1-1.

### **MyACCESS**

Temporary cash assistance and food stamp information is available through DCF's MyACCESS Hotline, 1-850-300-4323.

### Florida Department of Children and Families Abuse Hotline

Accepts reports 24 hours a day, 7 days a week, of known or suspected abuse and neglect to protect Florida's most vulnerable citizens. 1-800-962-2873

### Florida Department of Children and Families

Responsible for the administration of child care program licensing and training in Florida and administers programs addressing adult and child

protective services, homelessness, food stamps, refugee services and adoption and foster care.

### Florida Department of Health/Children's Medical Services/ Early Steps

Provides information and referrals on disabilities and special health care needs for families, service coordinators and other professionals who work with children with special needs. 1-800-218-0001

### **Child Support Enforcement**

Child support services that include locating missing parents, establishing legal paternity and establishing, enforcing and modifying support orders. 1-800-488-KIDS (5437) or 1-800-955-8771 (TTY)

### Florida KidCare

Health insurance program for uninsured children younger than age 19. The Florida Kidcare program assesses eligibility based on age and family income. 1-888-540-5437, (TTY: 1-800-955-8771)

### **Healthy Start**

Ensures that all Florida families have access to a continuum of affordable and quality health and related services. 855-889-1090

### **Head Start**

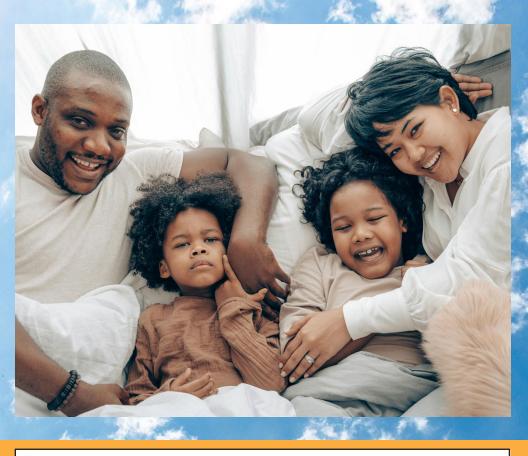
The Florida Head Start State Collaboration Office (HSSCO) is a federally funded office that supports collaboration between Head Start and educational, medical and social services providers in Florida. For more information on Head Start programs in your area, contact your local early learning coalition. For assistance locating your early learning coalition, contact the CCR&R State Network at 1-866-357-3239 (TTY: 711).

### The Ounce of Prevention Fund

Works to improve outcomes for children, preserve and strengthen families and promote healthy behavior and functioning in society. 1-850-921-4494

### **Disability Rights Florida**

Disability Rights Florida is a nonprofit organization that provides legal advocacy and rights protection for adults and children with a wide range of disabilities. 1-800-342-0823



### **Contact Us**

For more information, please contact your local early learning coalition. The CCR&R State Network can help connect you with your coalition.



Child Care Resource and Referral

Florida Department of Education Division of Early Learning 325 West Gaines Street Tallahassee, FL 32399 Toll Free: 1-866-357-3239

Email: CCRRHelp@del.fldoe.org
Website: DEL (floridaearlylearning.com)
Locate Your Early Learning Coalition

# **QUALITY CHECKLIST**

For Child Care





### EARLY LEARNING PROGRAMS IN FLORIDA

### **Child Care Resource and Referral**

The Child Care Resource and Referral (CCR&R) Program is a statewide program that helps families:

- Identify and select quality early learning programs.
- Connect to local community agencies and resources.
- Engage in their children's education and learning.
- Locate financial resource options.

### **School Readiness Program**

The School Readiness Program (SR) provides subsidies for child care services and early childhood education for children of low-income families; children at risk of abuse and neglect; and children with disabilities. The program supports children in the development of skills for success in school and provides parents with information and resources on child development. Services vary based on individual needs and range from early education and care to after-school and school-age care in some instances.

### **Voluntary Prekindergarten Program**

The Voluntary Prekindergarten Program (VPK) is a state program designed to prepare children in Florida for kindergarten and build the foundation for their educational success. VPK gives each child an opportunity to perform better in school and throughout life with quality programs that offer high literacy standards, accountability, age-appropriate curricula, substantial instruction periods, managed class sizes and qualified instructors. Parents can enroll their child in the state's VPK program if their child is 4 years old on or before September 1 of the current school year. If the child's birthday is between February 2 and September 1, parents may choose to wait and enroll their child the following year at age 5. Eligible children can participate in one of three VPK program options:

- VPK School-Year Program 540 instructional hours
- VPK Summer Program 300 instructional hours
- VPK Specialized Instructional Services (SIS) Program

### **Head Start and Early Head Start**

The Head Start and Early Head Start (HS/EHS) Programs provide comprehensive education, health, nutrition and parent engagement services to low-income families and their children ages birth through 5. HS/EHS provides child care and education for children in a classroom setting.

### **OBSERVATION TIPS**

### Look and Listen

You learn a great deal by watching and listening to what is happening in a child care setting. Children should be happy and engaged in age-appropriate activities. Teachers should be kind, nurturing and responsive to all children in their care. Listen to the words teachers use when talking to the children. Children need to hear a wide variety of words to promote their language development.

### **Ask Questions**

If you have any questions or concerns, write them down as they occur to you. Ask for a time to discuss them with the director or teacher. The directors and teachers should be willing to answer your questions and address any concerns you may have.

### **Pay Attention to Your Instincts**

Take note of any uneasy feelings you may have during your visit. You know your child best. If possible, take your child with you and see how they react to the new space and people. Children respond in their own unique ways to changes in their routines. Be careful not to rule out other factors that could influence your child's reaction such as being hungry or tired. Trust your instincts and your ability to make wise decisions for your child. You want to feel good about your child spending many hours each day in a program or preschool.

### **Consider Costs**

Take into consideration any additional fees. Carefully weigh the pros and cons of each child care program, director and teacher you visit. Decide which early learning program meets the greatest number of your priorities at a rate you can afford. Keep in mind that the highest cost for child care does not guarantee the best quality. Likewise, the least expensive rates do not necessarily suggest poor quality.

### Make an Informed Decision

Your first concern is your child's safety, health and welfare. Every facility will have positive features, but only you can decide what is most important. Now that you have done your homework and some careful thinking, you are ready to make your choice. Remember, selecting and placing your child in an early learning program is just the beginning. Talk to your child's teacher often and make scheduled and unannounced visits to ensure your child is happy and your decision was the right one.

### **Types of Care**

### **Family Child Care Homes**

Family child care takes place in a person's home for children from unrelated families. Group size may vary according to preferences of the family child care provider; however, the provider must maintain required ratios at all times. Ages of children may often be mixed, although some providers serve only a specific age group (such as infants, toddlers or preschoolers). Different requirements apply to different programs, with some family child care homes being licensed and some registered.

### **Child Care Centers**

Early learning centers may be licensed or license-exempt and are usually located in spaces adapted for early learning purposes. These include stand-alone centers and those located in businesses, homes, apartment complexes, public schools, universities, hospitals and faith-based organizations. Prekindergarten programs (both school-based and non-school-based), Head Start programs, on-site employee early learning centers and faith-based centers are some of the types of child care centers available.

### **School-Age Program**

A school-age program is a licensed or license-exempt program that serves school-age children. A school-age child is one who is at least 5 years old by September 1, and who is attending kindergarten or a higher grade level. The setting for a school-age program may be a public or private school, private center, family child care home, faith-based center or community/recreation program. School-age programs may be open before and/or after school as well as full days during teacher planning days and spring, winter and summer breaks.

Select child care facili	ties you plan to visit and write their information here.
Child Care 1	
Child Care 2	
Child Care 3	

Child (	Care Informati	on	
Questions to Ask/ Things to Consider	Child Care 1	Child Care 2	Child Care 3
How far is it from home/work?			
Do the hours of operation and holiday schedule accommodate your work schedule?			
What is the rate or cost of care?			
Are there discounts or priority for siblings?			
Are there any additional fees and how often are they due?  • Supplies/materials • Meals/snacks • Registration/application • Early drop-off/late pick-up • Field trips/special activities • Late payment • Other fees			
What are the drop-off and pick-up times?			
Does the provider charge when a child is out sick or on vacation?			
Does the provider offer safe and reliable transportation?			
Are there staff with specialized training for children with a variety of special needs?			
Does the provider participate in the School Readiness (SR) Program?			
Does the provider participate in the Voluntary Prekindergarten (VPK) Program?			
Does the provider offer Head Start or Early Head Start?			

Hea	Ith and Safety	1	
Questions to Ask/ Things to Consider	Child Care 1	Child Care 2	Child Care 3
Is the provider licensed or accredited?			
Can the provider supply their state inspection history?			
Does the provider have completed background checks on all staff?			
Is the setting/classroom clean and welcoming?			
Are emergency and security plans in place?			
How are children accounted for throughout the day?			
Is the front entry always locked and staffed for security?			
Is there a safe, fenced outdoor area?			
Do children 2 years old and younger play separately from the older children?			
What is the provider's policy for administering and storing medications?			
Are healthy and nutritious snacks/ meals provided?			
How often does diapering/toileting occur?			
Is handwashing done frequently?			
Do the children have an opportunity to play outside each day?			
Is there a variety of outside equipment/toys available and appropriate for various ages?			
Is there shade available outside where the children play?			
Are fire extinguishers and smoke detectors on site and is a fire drill plan available?			

### Did you know?

The Florida Department of Children and Families and local licensing agencies monitor and inspect licensed child care programs and license-exempt School Readiness (SR) programs to ensure compliance with health and safety, background screening and training requirements and state and federal laws.

You can find child care inspection reports and other valuable resources on their website at <a href="https://caressearch.myflfamilies.com/PublicSearch">https://caressearch.myflfamilies.com/PublicSearch</a>.

### Do you know your early learning coalition?

The Division of Early Learning partners with 30 early learning coalitions (ELCs) and the Redlands Christian Migrant Association (RCMA) to provide these child care options as part of the SR program. The ELCs and RCMA can provide significant support as you make your decision. Find your local coalition at <a href="https://www.fldoe.org/schools/early-learning/directory">www.fldoe.org/schools/early-learning/directory</a>.

Well	-Trained Staff		
Questions to Ask/Things to Consider	Child Care 1	Child Care 2	Child Care 3
How long have the teachers and director worked for the provider?			
How is teacher turnover managed?			
How are teacher absences managed?			
Are teachers or the director trained to administer developmental screenings and identify children who may need additional services?			
Does the provider participate in a local quality rating and improvement system or has there been a program assessment completed recently?			
Does the provider have a Gold Seal designation?			

### **QRIS**

A Quality Rating and Improvement System (QRIS) is designed to assess and improve the quality of early learning programs. Florida does not have a statewide QRIS program; however, some counties have implemented a local QRIS. Check with your local early learning coalition to see if they have a QRIS and what information they can give you about your potential provider.

### **Program Assessment**

Child care centers in Florida participating in the SR and VPK programs receive an assessment using the Classroom Assessment Scoring System (CLASS®) tool. CLASS® is an observation-based program assessment that measures the quality of interactions between teachers and children. CLASS® is recognized internationally for capturing elements within a classroom that improve child outcomes including increased math achievement, stronger vocabulary and reading outcomes and better classroom behavior. Providers are assessed annually and must achieve a minimum score to be eligible to offer an SR or VPK program. If a provider participates in either program, ask about their CLASS® score.





Environments for Learning			
Questions to Ask/Things to Consider	Child Care 1	Child Care 2	Child Care 3
Is there a primary teacher for each age group?			
What are the ratios? (ex. one adult for four infants).			
Are toys, books and furniture clean and in good shape?			
Is the classroom arranged in a way that toys and materials are accessible to children?			
Are the children engaged in activities?			
Do teachers read daily to children and are books provided for children to use independently?			
Are songs, finger plays and interactive nursery rhymes part of daily routines?			
Is there space for active and quiet play?			
How does the child care program use technology to support learning? How often is technology used?			

### What are Positive Teacher-Child Relationships?

In early childhood settings, each interaction between a teacher and child is an opportunity to develop positive relationships.

To build positive relationships, teachers should:

- Engage in one-on-one interactions with children.
- Get on the child's level for face-to-face interactions.
- Use a pleasant, calm voice and simple language.
- Provide warm, responsive physical contact.
- Follow the child's lead and interest during play.
- Help children understand classroom expectations.
- Redirect children when they engage in challenging behavior.
- Listen and encourage listening.
- Acknowledge children for their accomplishments and effort.





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Family	<b>Engagement</b>		
Questions to Ask/Things to Consider	Child Care 1	Child Care 2	Child Care 3
Can parents stop by anytime?			
Are parents encouraged to volunteer or participate in activities?			
Is there a daily method of communication between the teachers and parents?			
Is there a weekly schedule posted in a visible location?			
Is your initial reaction upon entering the child care program a positive one?			

### Family engagement is important because it:

- Supports children's kindergarten readiness skills.
- Increases children's motivation and reduces challenging behavior.
- Improves children's development with impulse control, attention span, memory and planning skills.
- Supports the healthy development of all children.

### How can families get involved?

- Communicate with the director or teacher on a regular basis.
- Create a positive learning environment at home.
- Read to your child daily.
- Participate in community events for families.
- Volunteer at the child care center or in a classroom.
- Partipcate in family meetings, parent teacher conferences and parenting classes.
- Join the child care center's advisory board or groups that help make decisions for the child care facility.



### **Contact Us**

For more information, please contact your local early learning coalition. The CCR&R State Network can help connect you with your coalition.



Florida Department of Education Division of Early Learning 325 West Gaines Street Tallahassee, FL 32399 Toll Free: 1-866-357-3239

Email: <a href="mailto:ccrr.ccm/ccrr.ccm/ccrr.ccm/">CCRRHelp@del.fldoe.org</a>
Website: DEL (<a href="mailto:floridaearlylearning.com/">floridaearlylearning.com/</a>)
Locate Your Early Learning Coalition



# PREPARING FLORIDA CHILDREN FOR A SUCCESSFUL FUTURE: Prekindergarten Family Guide

# FLORIDA EARLY LEARNING AND DEVELOPMENTAL STANDARDS 4 YEARS OLD TO KINDERGARTEN:

The Florida Early Learning and Developmental Standards 4 Years Old to Kindergarten (2017) Crosswalk with Florida's B.E.S.T. Standards in grades K-3 promotes kindergarten readiness by serving as the bridge between pre-kindergarten and kindergarten expectations

### THESE STANDARDS EMPHASIZE:

Development of print awareness and phonological awareness

Development of listening and comprehension skills Language and vocabulary development

Emergent writing and emergent reading

for what children need to know and be able to do. The Florida Early Learning and Developmental Standards are based on principles that incorporate our accumulated knowledge about child development and evidence-based practices and are grounded in Florida's conviction that children's early experiences are directly related to later success in school, the workforce and in life. The Crosswalk is available at <a href="http://flbt5.floridaearlylearning.com/resources.html">http://flbt5.floridaearlylearning.com/resources.html</a>.

The information in this document is targeted toward families, caregivers and educators so that their interactions with young children in the home, and in School Readiness, Voluntary Prekindergarten (VPK), and other early care and education programs can build upon children's emerging talents and strengths in appropriate and enriching ways.

Preparing your child for success begins at birth with the first five years of development being critical to their sensory, language and cognitive development.

### **LEARN**

about the Florida Early Learning and Developmental Standards and why they matter for your child.

### **TALK**

with your child's teacher about what he/she will be learning in the classroom.

### LOCATE

activities and resources to support your child's learning in practical ways at home.

### **UNDERSTAND**

important educational (academic) words that you will see in your child's early learning standards.

### LEARN ABOUT THE 4 YEARS OLD TO KINDERGARTEN STANDARDS

# YOUR CHILD WILL EXPLORE EMERGENT LITERACY BY:

- Showing motivation for and appreciation of reading.
- Showing age-appropriate phonological awareness.
- Showing alphabetic and print knowledge.
- Demonstrating comprehension of books read aloud.

# IN READING AND WRITING YOUR CHILD WILL BE ABLE TO:

- Show motivation and engage in written expression.
- Select books for enjoyment and reading-related activities.
- Enjoy pretending to read to self or others.
- Make real-world connections between stories and real-life experiences.
- Name most letters.
- Recognize some letter sounds.
- Retell or reenact a story after it is read aloud.
- Ask and answer appropriate questions about the story.
- Intentionally use scribbles/writing to convey meaning.
- Use letter-like shapes or letters to write words or parts of words.
- Write their own name.

### LOCATE ACTIVITIES AND RESOURCES

# EVERYDAY ACTIVITIES TO SUPPORT LEARNING Help your child develop skills in the areas of language and literacy by:

- ✓ Making books, poetry and songs a part of your daily interactions with your child.
- Writing notes to your child and leaving them around the house (e.g., in their lunch boxes or on the table for them to find while eating breakfast or dinner).
- ✓ Reading the notes and encouraging your child to write a note back to you.
- Asking more specific questions about their daily experiences (e.g., "Tell me three fun things you did at school today.").
- Encouraging your child to play with the sounds of language (e.g., identify rhymes, recognize beginning sounds in some words).
- Providing materials for your child to use in creative play that encourage the use of new words while writing notes or creating stories (e.g., pencil, crayons, paper, toy phones, voice recorders and story props).
- ✓ Having daily conversations with your child. Listen carefully and respond to their thoughts and questions.
- ✓ Asking open-ended questions using question words such as "why" or "how."
- ✓ Reading to them daily. Reading aloud to your child helps prepare them for future reading and learning success.

# PREKINDERGARTEN SUGGESTED BOOK LIST



Alphabet City, by Stephen T. Johnson

Bear Feels Sick, by Karma Wilson

Bear Snores On, by Karma Wilson

Brown Bear, Brown Bear, by Eric Carle

Chicka Chicka Boom Boom, by Bill Martin Jr.

City Shapes, by Diana Murray

Clifford the Big Red Dog, by Norman Bridwell

Full, Full of Love, by Trish Cooke

If You Give a Mouse a Cookie, by Laura Joffe Numeroff

Is Your Mama a Llama?, by Deborah Guarino

Leo the Late Bloomer, by Robert Kraus

**Making Friends**, by Fred Rogers

My Florida Alphabet, by Annie P. Johnson

Owl Babies, by Martin Waddell

The Little Engine That Could, by Watty Piper

Wish, by Emma Dodd

You Can Do It, Sam, by Amy Hest

# SUPPLEMENTAL READING OPTIONS

Bea at Ballet

by Rachel Isadora

Feathers for Lunch

by Lois Ehlert

Rosie's Walk

by Pat Hutchins

The Kissing Hand

by Audrey Penn

What I Like About Me!

by Allia Zobel Nolan

**Rabbit Moon** 

by Jean Kim

by Jean Kin

**Love You Forever** by Robert Munsch



### TALK TO YOUR CHILD'S TEACHER

Remember, you are your child's first teacher. Think about a conference as a "team meeting" in which you will discover the special contributions each of you can bring to your child's success. Here are some questions you could ask to prompt discussions:

In the area of literacy, what are my child's strengths? How are those strengths supported during instruction? Where is my child struggling and how can I help?

What phonological awareness skills should my child have mastered at this point? Has my child mastered them? Can I see an example of a phonological awareness task that my child is working through?

### **EDUCATIONAL (ACADEMIC) WORDS TO KNOW**

### ALPHABETIC KNOWLEDGE

The understanding that words are composed of letters.

### **BACKGROUND KNOWLEDGE (PRIOR KNOWLEDGE)**

Information that is important to understanding a situation or problem; what you already know from experience.

### **COMPREHENSION**

Understanding what one has heard or what one has read (e.g., a child is able to answer questions or make comments about a story that someone has read aloud to them).

### **EMERGENT READING**

The range of a child's developmental skills, knowledge and attitudes (beginning at birth) that combine with a variety of experiences related to written language.

### **EMERGENT WRITING**

Writing-related experiences and actions that occur before a child reaches the conventional literacy stage in middle childhood (e.g., a child draws pictures or symbols to represent words).

### **EXPLICIT INSTRUCTION**

Teacher/parent-led interactive instruction that is direct and includes a clear explanation of the targeted skill.

### **PHONOLOGICAL AWARENESS**

The foundation for learning to read. Refers to the ability to work with words orally (the spoken sound) and does not involve print.



# SELECTING A Summer Camp FOR YOUR SCHOOL AGE CHILD

When selecting summer care for your school age child, there are many options to consider. Use this checklist as a guide to help you make a choice that is safe and fun for your child.

	Application, fees and schedule
	Ask about the deadlines for submitting applications and fees, if there are any scholarships available and the refund policies if a child is unable to attend. What is the program's schedule such as opening and closing dates or drop-off and pick-up times? What activities are available and is there a daily schedule or lesson plan?
	Health and safety
_	Ask questions about background screenings of staff and volunteers as required by Florida law. Does the program provide nutritious meals and/or snacks? What are the camp's medication policies? If transportation for field trips is provided, have the vehicles been inspected? Staff should be certified in CPR and First Aid, and be trained for any provided transportation. If children participate in water activities, there should be clear water safety policies and certified lifeguards.
	Environment
	Is the facility clean and adequate for the number of children in the program? Ask about the security of the facility, from strangers entering or children leaving. What are the sign-in and sign-out policies? Outdoor programs should include indoor or sheltered areas for resting or respite from the sun or bad weather. You can also ask if there is an electronics policy.
	Child supervision & support
	Are the children supervised at all times? What are the systems used for keeping track of the children each day? Is there a discipline policy? Are staff trained in school-age care and children with special needs? Get details on new camper orientation.
	Family engagement
	How does the program communicate with families? Ask if families are welcome to the program at any time and
	if there are opportunities to get involved if interested.

# Resources

### **Child Care Resource and Referral Network (CCR&R)**

Helps families find local, quality child care programs that fit their unique needs, community resources and financial assistance options.

1-866-357-3239 (Toll-free), (TTY:711) www.floridaearlylearning.com/ccrr.aspx

### **Department of Children and Families (DCF)**

Responsible for child care program licensing and training throughout Florida and administers programs addressing issues such as background screening, adult and child protective services, homelessness, food stamps, and adoption and foster care.

1-866-762-2237 www.myflfamilies.com/childcare

### Florida Abuse Hotline

Handles reports of abuse, neglect and exploitation of children and vulnerable adults (the elderly or adults with disabilities).

1-800-96-ABUSE (1-800-962-2873) www.myflfamilies.com/service-programs/abuse-hotline











### Dear Parent,

We hope you and your family are doing well! We're excited to share a great resource to support your child's early learning at home: the 3Ts Digital Tool, available on any phone or computer at <a href="The 3Ts">The 3Ts</a>. This free online program offers simple and effective ways to help build your child's brain through everyday interactions.

### What are the 3Ts?

- ▼ Tune In Be in the moment with your child.
- ✓ Talk More Use a wide variety of words.
- ▼ Take Turns Engage your child in conversation.

Whether it's playtime, mealtime, or bath time, every moment is an opportunity to nurture your child's learning. This resource provides easy-to-remember strategies and short videos of parents using the 3Ts in everyday situations. Even with just a few minutes, you can gain valuable tips to make the most of your time together!

Your words and interactions play a big role in your child's healthy development. We encourage you to check out the 3Ts Digital Tool at <u>The 3Ts</u>.

We're always here to support you and your family.

3Ts Ambassadors

